

TIPS FOR A SUCCESSFUL VISIT

At the American Tobacco Trail

Sensory Tips:

Noisy places

- The parking lots and Trail can get very loud during busy times. The Trail is most busy on weekends and holidays, especially in the spring and summer and on warmer days. Quieter times are on weekdays and evenings.
- Some weekends, events are held along the Trail which often bring large crowds. Check our Facebook page before coming to stay updated.
- High school cross-country teams use on the trail on weekday afternoons.

Quiet places

- At the White Oak parking area, there are some shaded picnic tables to the right of the restroom building. These are a bit secluded and usually empty.
- There are several benches along the Trail which you can use to take breaks.

How to Make the Most of Your Visit:

- The trailheads are open from 8 am to 30 minutes before sunset every day. The New Hill trailhead gate is locked at closing. Keep your eye out for exact closing times as you are driving in, as it changes throughout the year.
- Come prepared for the weather. Wear comfortable shoes, a hat, and bring plenty of water and snacks. Drinking water is only available at the Wimberly trailhead, and the water fountain is shut off during the winter.
- Restrooms can be found at each trailhead. The New Hill and White Oak restrooms are waterless facilities which automatically close 15 minutes before closing time. The Wimberly trailhead has a port-a-potty.
- Feel free to bring noise canceling headphones or fidget toys to make your experience more enjoyable.
- Make sure to check out the Beaver Creek Wetland, which you can view from a bridge about 0.75 miles north of the New Hill parking area. This spectacular ecosystem was created by beavers, and is home to lots of wildlife, including River Otters, Red-headed Woodpeckers, Wood Ducks, and many more. Early mornings and evenings are the best times for wildlife watching.